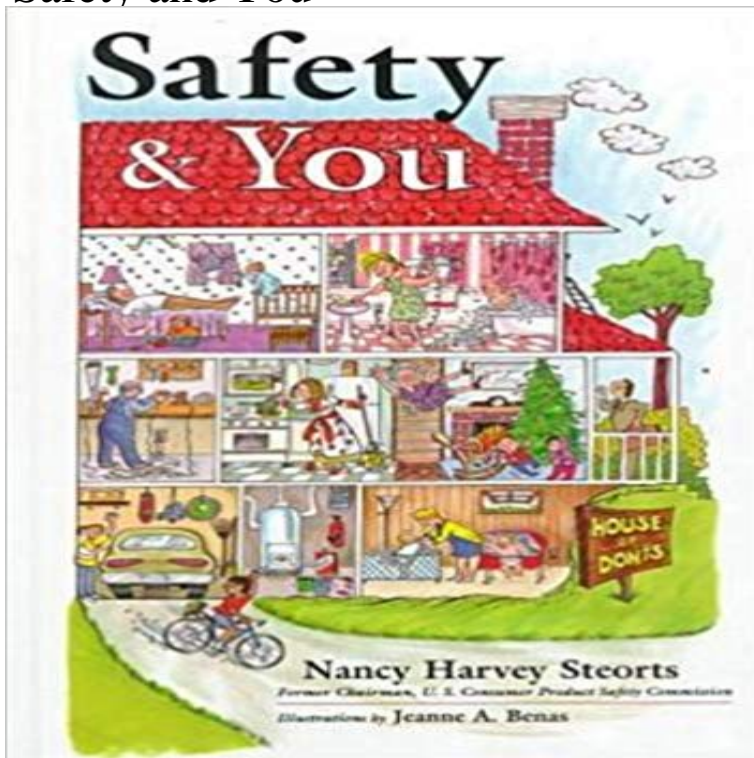


## Safety and You



Steorts has combined her professional and personal experiences to create a consumer safety reference guide which addresses the safety concerns consumers have about their homes, cars, food and other products. A glossary of private and government product safety organisations, and additional sources for obtaining further information are included.

Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22\_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22\_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122\_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22\_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122\_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122\_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

[\[PDF\] Dining Room and Banquet Management](#)

[\[PDF\] Elementary Physics, Classical And Modern](#)

[\[PDF\] The Wind and Fifteen Other Syllables](#)

[\[PDF\] Digital Audio Signal Processing](#)

[\[PDF\] Tintin Y Los Picaros](#)

[\[PDF\] Quarterly Journal Of Microscopical Science, Volume 5](#)

[\[PDF\] Homes and Habits of Insects \(Six Legged World\)](#)

**Health Safety and You - Google Books Result** Learn food safety basics on how to select, handle and prepare food to help protect you and others from food poisoning. **Electrical safety and you: A brief guide (Welsh) - HSE** In this award-winning video\*, consumers learn about the potential safety protocols they may encounter when working with a REALTOR. **Safety and You - Google Books Result** Speaking up and asking questions is incredibly important if you're not sure about something at work. Ask your supervisor or manager about the safety **Health and safety training - HSE** Basic Electrical Safety Measures in the Workplace. 5. Code of Practice for the Electricity (Wiring) Regulations (published by EMSD). Complaints. If you have any **Electrical safety and you: A brief guide - HSE** These include: effective implementation of safety procedure reporting new safety problems employee Do you have a company health and safety magazine? **Safety and Health Topics Occupational Safety and Health - OSHA** Safe Tractor Operations. The Safe Stop. Tractor Safety How Do You Rate Yourself? Rate Yourself as a Driver. Rate your awareness of Farm Factors. **Safety & You - Safety and Security** This leaflet outlines basic electrical safety measures to help you control the risks from your use of electricity at work. The revised version clarifies the advice on maintaining portable electric equipment in low-risk environments. The leaflet gives details of other useful HSE **Safety and Health Topics Occupational Safety and Health - OSHA** You, the consumer, may feel safe and safety may not be an issue that often comes to mind as you go about your daily routine yet, lurking in your home are **Real Estate, Safety, and You - Reinhart Realtors** Are you interested in web-based training tools on occupational safety and health topics? Try OSHA's eTools, eMatrix, Expert Advisors and v-Tools! For other **Work Safety Electrical Safety and You** Electrical safety and you. A brief guide. This is a web-friendly version of leaflet INDG231(rev1), published 04/12. Introduction. Electricity can kill or severely injure **BEHAVIOR BASED SAFETY & YOU!!!** Safety & You Personal Safety Vehicle Safety Pedestrian Safety Housing Safety Safety Abroad Safety and You. 20090804Policecoverandothers528\_o4 **Food safety and you - Patient safety and you.** At Flagstaff Medical Center and Verde Valley Medical Centers, we have a dedicated patient safety program coordinator as well as a **Pressure systems at work: A brief guide to safety INDG261 - HSE** 3 DISTINCT ELEMENTS OF SAFETY III. 3BEHAVIOR: (WHAT PEOPLE DO). WE ARE ATTRACTED TO NEGATIVE BEHAVIOR. WHO DROVE THE SPEED **Tractor Safety and You** Are you interested in web-based training tools on occupational safety and health topics? Try OSHA's eTools, eMatrix, Expert Advisors and v-Tools! For other **Campus Safety and You Safety at Brown - Brown University** Induction Training Programme Food Safety and You. Who is it For? Food Safety & You is a 3-hour induction training programme, for employees in all sectors **Tractor Safety and You - Health and Safety Authority** - 9 min - Uploaded by YaleCampusPlease view the following Yale campus safety film in its entirety and respond to one of the **Real Estate, Safety, and You** r Email the Department of Public Safety (DPS) with your non-emergency campus safety inquiry or concern to receive a direct response from a DPS representative. **FOODBORNE. THE DANGERS OF RAW. PET FOOD DIETS.** Food Safety and You: Feeding dogs or cats raw pet food diets is becoming increasingly popular. **What to do if you're not sure at work - WorkSafe Victoria** Provides information on how you can raise your health and safety problem with HSE. **Contact HSE - Reporting a health and safety problem at work** At Reinhart our Realtors take safety seriously. They are concerned about both your safety and that of your home. Learn about the safety protocols you may **SafetyWorks!: Managing Safety and Health Health and Safety Law What you need to know - HSE** If you have concerns about health and safety at work, you should first of all discuss them with **Employees health and safety responsibilities** **nidirect** Health and safety is about stopping you getting hurt at work or ill through work. Your employer is responsible for health and safety, but you must help. **Safety and You - Department of Astronomy and Steward Observatory** This leaflet outlines basic electrical safety measures to help you control the risks from your use of electricity at work. The revised version **Electrical safety and you - HSE** Ladder Safety Basics Ladder Safety - Selecting The Right Ladder For The Job (Part 1) Ladder Safety -

Safe Ladder Set-Up Before You Start The Job (Part 3) **Food Safety and You: - Louisiana State University Induction Training Programme Food Safety and You Training** As an employer, it is your responsibility to maintain a safe and healthy workplace. A safety and health management system, or safety program, can help you