

Minority Voices 2005: A Guide to Good Practice in Planning and Providing Services for the Mental Health of Black and Minority Ethnic Young People



Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

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Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

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Pagination: 22p. **Minority voices: research into the access and acceptability of** Better practice in mental health for black and minority ethnic communities This paper explores mental health issues and young people, outlines This guide describes what good mental health services for people from black and minority mental health service provision and provides examples of existing practice which **Children and young peoples views of health professionals in** services for the mental health of young people from Black and minority ethnic The range of data collected through the study provides some important indications: In addition to this report and the guide for good practice, the following have been In 2001, when YoungMinds started to plan the Minority Voices study, there **The participation of adult service users, including older people, in** Black. and. minority. ethnic. groups. There is evidence to suggest that mental health A report, Minority Voices: A Guide to Good Practice in Planning and Providing Health of Black and Minority Ethnic Young People (Young Minds 2005), **Mental health - black & minority ethnic communities - The Kings Fund C** (2005) Minority Voices: A guide to good practice in planning and providing services for the mental health of black and minority ethnic young people (London **Family Group Conferences, where Next?: Policies and Practices for - Google Books Result** mental health of people from black and minority ethnic communities, and interventions will best provide help and support. services that are appropriate and acceptable to children, young people .. Department of Health (2005) Black and minority ethnic (BME): Positive practice guide, London: Department of Health. **On The Right Tracks: A guide to commissioning counselling services** Read Minority Voices 2005: A Guide to Good Practice in Planning and Providing Services for the Mental Health of Black and Minority Ethnic Young People book **Minority Voices 2005: A Guide to Good Practice in Planning and** The Good Practice Guide for Support Workers and Personal Assistants consulting women users of mental health services Journal of Mental Health, Doing it for Themselves: Participation and Black and Minority Ethnic Service Users. . Listen to Us: Involving People with Dementia in Planning and Developing Services. **Bookmark page - Social Welfare Portal** experience of people from BME groups1. be used (please see the JCP-MH guide existing mental health services to make . appropriate to provide specialist short- in the planning and delivery of care and . best practice by expert consensus have been .. in England) over a 5-year period (2005).