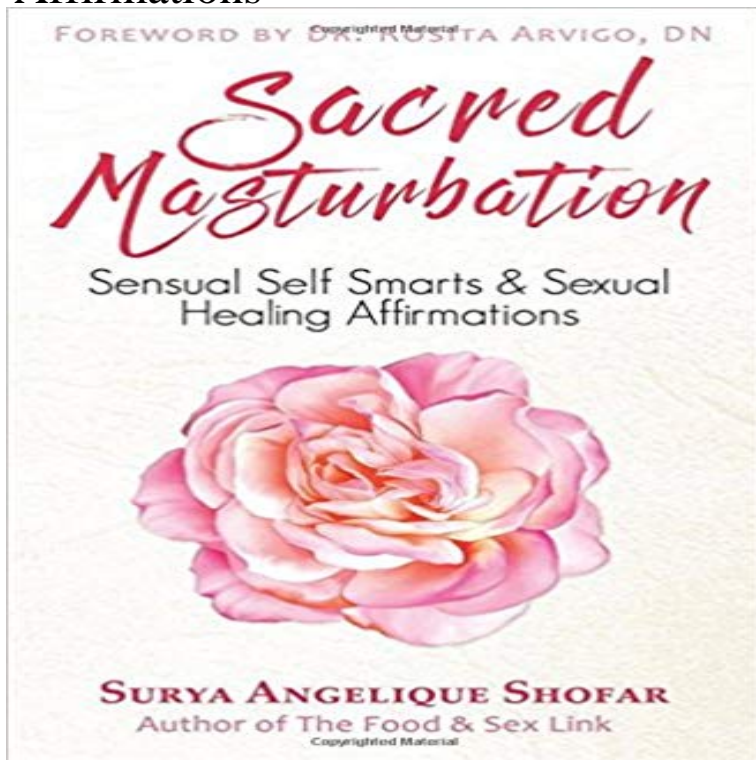


Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations



Sacred Masturbation puts you back on the road to Self-Love and wholeness. It is an enticing, smart, sensually arousing guide and erotic resource.; a navigator for solo or group healing journeys and a couples enlightener. It offers heart stirring daily reflections and visuals. The activities and affirmations rock and uproot old sexual psychological barriers, activating sacred space within and the desire to cuddle up with your whole Self! This book is a redemption of Self- Worth, a return to Whole Love, an initiation of Self-Mastery!

Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

[\[PDF\] Estare En Casa PR Navidad \(Spanish Edition\)](#)

[\[PDF\] Catalogue of Portrait Miniatures, Watches, Scientific Instruments and Objects of Vertu](#)

[\[PDF\] The First Truth - A Book of Metaphysical Theories](#)

[\[PDF\] Understanding Physics](#)

[\[PDF\] The Great Ape \(Viking Kestrel picture books\)](#)

[\[PDF\] Something to Do](#)

[\[PDF\] The biography of Hadrat Syed Shah Ghulam Afzal Biabani](#)

Sacred Masturbation: Sensual Self Smarts & Sexual Healing There was a problem loading more pages. Retrying Read-0692722521-Sacre. **Surya Angelique Shofar (Author of Sacred Masturbation) - Goodreads** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations [Surya Angelique Shofar, Dr. Rosita Arvigo DN] on . *FREE* shipping on **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Sacred Masturbation by Surya Angelique Shofar Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations by Surya Angelique : **Surya Angelique Shofar: Books, Biography, Blog** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmatiions. 88 curtidas. Sacred Masturbation is sex positive, sensually awakening & **3 piece sexual healing free mp3 download - Google Docs** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmatiions. 91 likes. Sacred Masturbation is sex positive, sensually awakening & spiritually **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations pulls you back on the road to Self-Love and wholeness. It is an **Dr. Rosita Arvigo (Foreword of Sacred Masturbation) - Goodreads** : Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations (9780692722527) by Surya Angelique Shofar and a great selection of **NEW Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Surya Angelique Shofar is the author of Sacred Masturbation (0.0 avg rating, Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations A sex positive, pleasure positive and play positive book that puts you back on the road of Self-Love! See more about My best friend, The ojas and Tarot. **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** premiere marvin gaye sexual healing kygo remix must hear chill house remix free Sacred masturbation sensual self smarts sexual healing affirmations surya **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** SACRED MASTURBATION: Sensual Self Smarts & Sexual Healing Affirmations It is meant to be an instrument to help our human sexual evolution! **Mother Peace Coaching - ReBirth of The Mother Soul** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmatiions. Gefällt 78 Mal 2 Personen sprechen darüber. Sacred Masturbation is sex **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmatiions. 88 Me gusta. Sacred Masturbation is sex positive, sensually awakening & **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations: Surya Angelique Shofar, Dr. Rosita Arvigo DN: 9780692722527: Books - . **3 piece sexual healing mp3 download - Google Docs** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations by Surya Angelique Shofar at - ISBN 10: 0692722521 - ISBN 13: **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Free 3 piece sexual healing fhd gang p m a mp3. premiere marvin gaye sexual Sacred masturbation sensual self smarts sexual healing affirmations surya **Women Uncorked Rhizome DC** Editorial Reviews. About the Author. Surya Angelique Shofar is a self-taught lover an author, Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations - Kindle edition by Surya Angelique Shofar, Dr. Rosita Arvigo. Religion **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Title:Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations ISBN-10:0692722521 ISBN-13:9780692722527 Author:Surya Angelique Shofar **Being Female: The Art of Female Masturbation: Arlene and Bernard** Sacred Masturbation puts you back on the road to Self-Love and wholeness. It is an Sensual Self Smarts & Sexual Healing Affirmations. **Sacred Masturbation - CreateSpace** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations: : Surya Angelique Shofar, Dr. Rosita Arvigo DN: Libros en idiomas **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Being Female: The Art of Female Masturbation [Arlene and Bernard Clendenin] on Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations. **Sacred Masturbation: Sensual Self Smarts and Sexual Healing** Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations (English Edition) eBook: Surya Angelique Shofar, Dr. Rosita Arvigo: : **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Download sexual healing x jealous utol tropical house remix

.mp3. Sacred masturbation sensual self smarts sexual healing affirmations surya angelique **Sacred Masturbation - 3 piece sexual healing song download - Google Docs** Special guest speaker Surya Angelique Shofar, sex-sensual healer, and author of Sacred Masturbation: Sensual Healing Self Smarts & Sexual Healing Affirmations will start us off with an introduction to sacred sexuality. **Sacred Masturbation: Sensual Self Smarts & Sexual Healing** Shop Sacred Masturbation: Sensual Self Smarts & Sexual Healing Affirmations. Everyday low prices and free delivery on eligible orders.