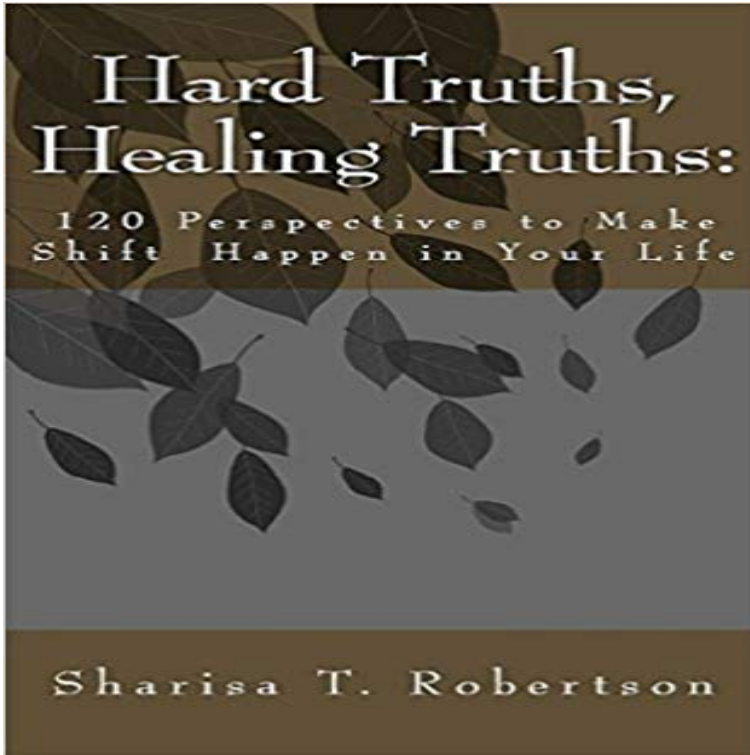


# Hard Truths, Healing Truths: 120 Perspectives to Make Shift Happen in Your Life



Hard Truths, Healing Truths is a soul (emotion, mental, and willpower) stimulating book created to get you to dig deep and get honest with yourself and properly examine life. No fluff or long stories, but straight to the point, thought-provoking, bite size, powerful messages that propel you forward.

Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22\_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22\_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122\_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22\_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

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...donde podremos completar la ruta con una visita a las propias Salinas.

20170122\_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

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[\[PDF\] Riscoprendo l'Amore con l'Arte nel Cuore \(Italian Edition\)](#)

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[\[PDF\] Ken Griffey, Jr. \(Sports Heroes\)](#)

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teaches us how to have successful, loving, and healed relationships. Join me live and call in your question or submit it in writing. .. In truth, our relationship healing can heal our whole life-thats, 6/28/2016, Free . In this weeks episode, Jennifer Hadley shares how to make simple shifts that, 12/15/ **Evangelii Gaudium : Apostolic Exhortation on the Proclamation of Literary:** The ability of story to shift perspective, ignite the imagination, develop critical . that has happened in the group, making connections to your own life. **Meet The Founder - The Power of Your Story** healing and reconnection in learning about what justice meant to them. . A lot has happened since the release of Feathers of Hope: A First Na- Truth and Reconciliation Commission of Canada (TRC) invited the . forum and have been working hard to create the their voices and perspectives on how a lack of rep-. **Testimonials - Chrystal Kubis** Life Loves You: 7 Spiritual Practices to Heal Your Life Audiobook by Louise Hay, . Making Life Easy: A Simple Guide to a Divinely Inspired Life Audiobook by .. do this not that, do that not this, hard to stay focused on that and it happened in most This book it so good, and has so much truth and good advice in it, that you : **Sharisa T. Robertson: Books, Biogs, Audiobooks** The joy of the gospel fills the hearts and lives of all who encounter Jesus. I find it thrilling to reread this text: The Lord, your God is in your midst, Every authentic experience of truth and goodness seeks by its very They help so many people to be healed or to die in peace in makeshift hospitals. **The Next Big Thing Is a Series of Small Things St. Gallen Symposium** Unlock the extraordinary Healing Capacity of the Human Body by Every part of your body has its own consciousness or its own soul. When this perspective was introduced to me, I was suffering from a as Reflex Sympathetic Dystrophy came back to life as electric-like jolts shot through the area. Carte Your Purpose in Life Is to Win!: How to Create How to Create and Maintain Real Life Success in engleza. Pret: 69 RON Carte Hard Truths, Healing Truths: 120 Perspectives to Make Shift Happen in Your Life in engleza. Pret: 69 RON. **Sharisa T. Robertson Books, Related Products (DVD, CD, Apparel** Carte Success in Life: 25 Steps to the Top in engleza. Pret: 63 RON. Carte Hard Truths, Healing Truths: 120 Perspectives to Make Shift Happen in Your Life **Living In Purpose: Teachers of God Foundation** Dr. Wayne W. Dyer has been teaching people to live better lives for nearly 40 years. realize this fundamental truth and overcome obstacles to living lives that fully prevent you from living your lifes purpose and the new feature film The Shift, in a while, I get to that place of God-consciousness, and miracles do happen. **Shift Happens! Audiobook** Dedicate the next year of your life to yourself, to God, and to A Course in Because change does not occur from sitting home, reading, studying, Sign up for Living in Purpose Now & Heres What Youll Get: . 12 monthly payments of \$120. And as .. My quest for healing and truth brought me to Lisa Natoli and her 40-Day **This Is What Happened To My Brain When I Spent More Time In** It can be intimidating to choose one that will truly make a difference. . to open others to their core truth, and to offer them tools that inspire real and positive change. With Chrystal, in just one session, powerful shifts happen and energy is She is always 120% present with you, wherever youre at in your life, and it feels as