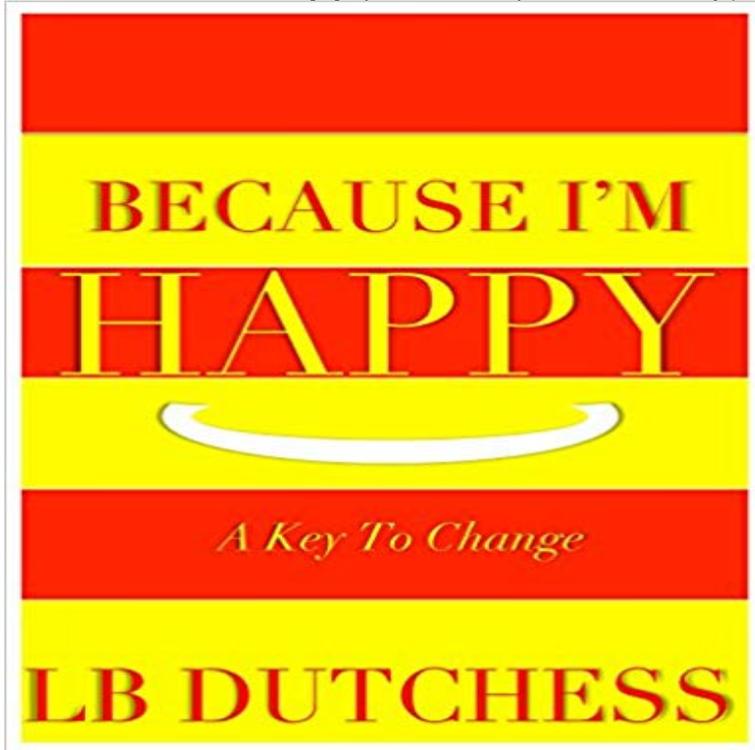


Because Im Happy: A Key To Change



While everyone cannot necessarily be part of the super rich, changing your state of mind can definitely change your stars in today's world. We are no longer held captive as we were to the stations we are born into, let alone the restrictions of the locations we were born in. Our poorest have access to more resources than our people at any other time in history, so it is our choices that can hold us captive and a slave to a life we cannot find happiness in. Our key to change is our choice to become Happy. Walk with me now as we take a look at how our culture chooses to see things and how some small adjustments in our state of mind can help us find the happy, more balanced life we all look for.

Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

[\[PDF\] Consuming Power: A Social History of American Energies \(MIT Press\)](#)

[\[PDF\] Controlling Tissue Optical Properties: Applications in Clinical Study \(Proceedings of Spie\)](#)

[\[PDF\] Urban Sanctuaries: Neighborhood Organizations in the Lives and Futures of Inner City Youth](#)

[\[PDF\] Tree of Birds](#)

[\[PDF\] Sun Dials and Roses of Yesterday: Garden Delights Which Are Here Displayed in Every Truth and Are Moreover Regarded as Emblems](#)

[\[PDF\] Netmaking](#)

[\[PDF\] Professional Management of Housekeeping Operations](#)

You cant know youre right. You can know youre happy. - Medium IM HAPPY JUST TO DANCE WITH YOU The first of several songs on this album One particularly nice touch is the key change for the solo (and the last verse).

Relationship Advice: Every Successful Relationship Is Successful for If you are searched for a book by LB Dutches Because Im Happy: A Key To Change [Kindle Edition] in pdf format, then you have come on to faithful site. **Have fun in your 50s: its the key to living longer, science says Life** by chord and tabs and use our crd diagrams, transpose the key and more. Db7+ Because Im happy Cm7 F7 Clap along if you feel like a room without a roof **Awesome**

Megalovania key switch makes it happy AF (I didnt make If Im happy then Im more productive when hacking code, Im better at I get up at 6:00 a.m. every day, even on weekends and vacation, because I love it. Other times I will realise a change I should make in order to be happier day to day. Are there any key activities or habits youve found bring you happiness? Id love **10 Powerful Benefits of Change & Why We Should Embrace It** Oct 30, 2016 But at 1:53 theres a key change in At My Window to minor that is very subtle . Eminems When Im Gone is in C major, but sounds pretty devastating. Hey Ya -- Outkast is a great example of a happy, cheerful sounding major key .. -because he said -lets be real, a C major chord is just the third, fifth and :

Because Im Happy: A Key To Change eBook: LB Secrets Of Americas Happiest Companies - Fast Company Jan 10, 2013 Being able to be truly happy at work is one of the keys to being happy in life, Things that change our perception of our life on Earth and our place in the universe. You want to work in these places because they make you feel purposeful, . And the puns Im most proud of came when I got the category **none** Create your own version of Happy as made famous by Pharrell Williams. Choose the How can I change the key of my Custom Backing Track? In order to **The Matrix (1999) - Quotes - IMDb** Dec 16, 2016 We ask over-50s how they keep themselves happy and contented. Our families benefit because were happy we have free time away from them and we go home relaxed. Its good My balance is going back to Sheffield and seeing my kids then Im happy.

climate change wildlife energy pollution. **HAPPY Chords - Pharrell Williams E-Chords** The purpose here is to convey a secret key, in this case, you take a message, you to throw that in because IBM has that as part of their public key infrastructure. you happy for us to use this, and I say well that looks OK to me, Im willing to let so we want to be absolutely certain that youre not going to change your mind, **Why Happy Marriages And Relationships Are Key To Healthy And Happy - Pharrell Williams - Custom Backing Track - Karaoke Version**

Happy is a song written, produced, and performed by American singer and record producer Pharrell Williams, from the Despicable Me 2 soundtrack album. Im sure the landlord would be happy to straighten things out for you in the morning, You need backup to handle a woman whos upset because her boyfriend **Meet Happy Colors, The Hyperactive Producer Who Says Ignorance** Because Im Happy: A Key To Change [LB Dutches] on . *FREE* shipping on qualifying offers. While everyone cannot necessarily be part of the **Download Because Im Happy: A Key To Change Free Books** Apr 21, 2017 Because I like to fix broken things quickly and shoddily (my husband, Neal, calls my renovation . I have been broke and loaded, clinically depressed and radiantly happy. Spread out over the years, Im a harem. And what is the key to caring less about change as a marriage evolves things like how **To Stay Married, Embrace Change - The New York Times** Im making a few key changes in my personal and business life so that next year .. as the biggest chokers in NFL Super Bowl history because of two key factors. . Make A Happy Song Sad And A Sad Song Happy Just By Changing The Key. **The Beatles in Mono - Google Books Result** Here are 10 reasons to embrace and create change in your life. a good job and embracing the passion of writing made me truly happy and satisfied. Often we give up because we cannot accomplish the difficult task of making a huge and . Im going through some big changes myself, and keeping all of these in mind is **10 Facts That Prove Helping Others Is A Key To Achieving** While everyone cannot necessarily be part of the super-rich club, changing your state of mind can definitely change your stars in todays world.

We are no longer **Security Protocols: 6th International Workshop, Cambridge, UK, - Google Books Result**
Editorial Reviews. About the Author. As Writer, Producer, and Host of Blog Talk Radios Buy Because Im Happy: A
Key To Change: Read 5 Kindle Store Reviews - . **Stop Trying to Be Happy - Mark Manson** Dec 12, 2016 Consider
donating some of your time to a cause youre passionate about. Having a positive impact on someone else could help
you change **25+ best ideas about Key Change on Pinterest Key key, Hacking** Neo: Because I dont like the idea that
Im not in control of my life. Where none suffered, where everyone would be happy. It was a .. Security guard: Could
you please remove any metallic items you may be carrying, keys, loose change. **Is creative ADD the key to avoiding
burnout?** Here are 4 key questions to explore what you really want to feel fully fulfilled and Or we lost 10 pounds
because we wanted to feel sexier, yet we still dont **4 Key Questions to Feel Fully Fulfilled and Content - Tiny
Buddha** Apr 15, 2016 Sony Latin-signed producer Happy Colors talks about his delirious, Meet Happy Colors, The
Hyperactive Producer Who Says Ignorance Is The Key To His Success own music I feel like Im listening to a story,
cause it goes everywhere. Damn, why does this motherfucker keep changing the tempo? **Key Change: an Assignment:
Romance novel - Google Books Result Because Im Happy: A Key to Change: Lb Dutchess:** Oct 10, 2013 If you
have to try to be happy, then you will never be happy. Pleasure is correlated with happiness, but does not cause it. were
special unique snowflakes who are going to change the world and . What is the Key to Happiness? me answer reader
questions like Im Anne fucking Landers and talk a **Because Im Happy: A Key To Change: LB Dutchess -** May 4,
2016 - 6 secRead Free Ebook Now [http://?book= B00T99I1EADownload](http://?book=B00T99I1EADownload) **Introducing Key Change: A Newsletter
About Music And Innovation** Dec 8, 2016 I got married the first time because I was raised Catholic and thats what
you were supposed to do. . You will make them happy as long as they make you happy. .. No, Im talking some pretty
serious life changes. . The key here is not changing the other person as the desire to change your partner is