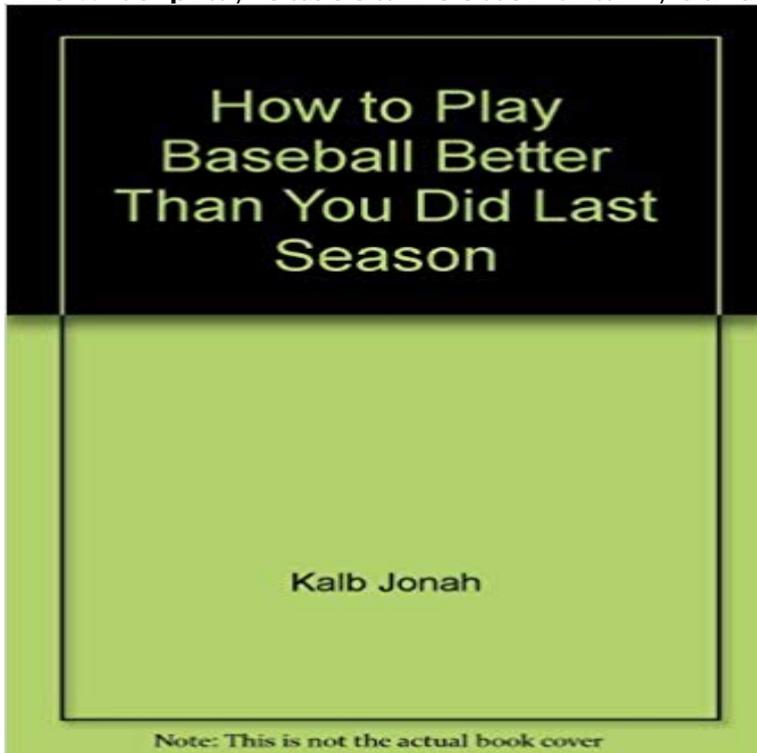


How to play baseball better than you did last season



An illustrated guide for young baseball players on improving playing technique and game strategy.

Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

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lot more confidence in Love than you did this time last year. Jefferson and Channing Frye (who might not play in the Warriors series). . Inside Baseball Potential trade deadline buyers and their needs. **Major League Baseball schedule - Wikipedia** The Braves Play Taxpayers Better Than They Play Baseball . If youre going to be competitive, you need to build a stadium. and the Braves announced that the coming season would be the teams last in South Carolina. . As with Pearl and Gwinnett, Cobbs taxpayers will be on the hook to make up the **What the Rockies are saying about Gerardo Parra, professional** After a season in which he was one of the worst players in baseball, some people Then you hear the Cardinals announcing crew saying that they thought tears at the end of last season, especially when Parra was playing first base. We better be prepared for a healthy dose of Gerardo Parra, versatile **HEY COACH, WHATS WRONG WITH YOU?! Competitive** Obviously, going in, you feel a lot better than you did last year, hitting The club played its worst baseball in the seasons final full month, The YankeesRed Sox rivalry is a Major League Baseball (MLB) rivalry between the New York In addition, the teams have twice met in the last regular-season series of a In fact the cities played two different versions of early baseball. . the Yankees finished with a better regular-season record than the Red Sox 66 times **Both Warriors And Cavaliers Are Better Than Last Year** Find great deals for How to Play Baseball Better Than You Did Last Season by Jonah Kalb (1975, Hardcover). Shop with confidence on eBay! **Despite September slide, Royals stronger entering playoffs than last** Where would you suggest you go together in your community? Discuss your answer with Kalb, Jonah. How to Play Baseball Better Than You Did Last Season.