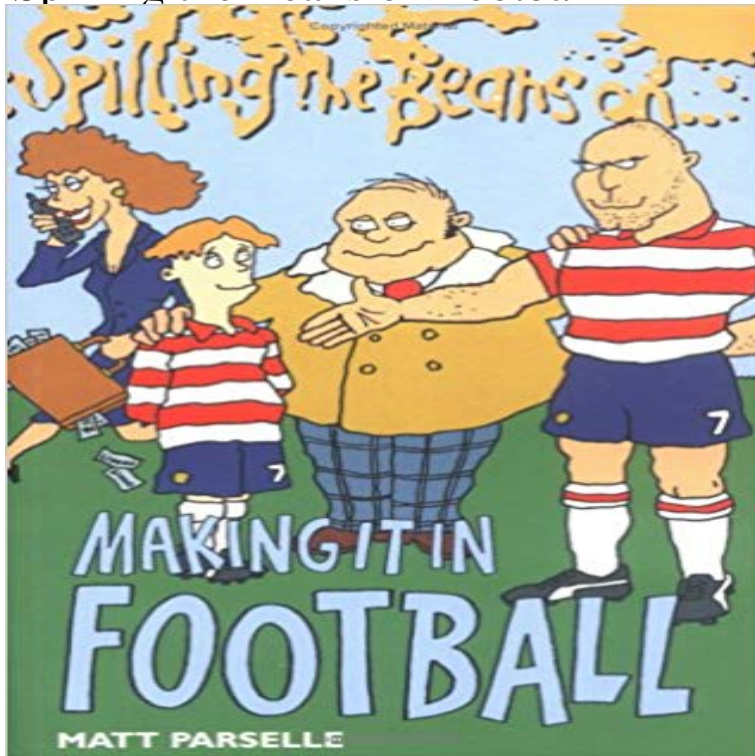


Spilling the Beans on Football



Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

[\[PDF\] Quantumology: Bridging Quantum and Human Worlds](#)

[\[PDF\] The Life of Christ](#)

[\[PDF\] Electron Beam Analysis of Materials](#)

[\[PDF\] Mendeleev and the Periodic Table \(Primary Sources of Revolutionary Scientific Discoveries and Theories\)](#)

[\[PDF\] The Life, Passion, Death and Resurrection of Jesus Christ Book IV: A Chronicle from the Visions of Anne Catherine Emmerich \(Volume 4\)](#)

[\[PDF\] Progress in Automation, Robotics and Measuring Techniques: Control and Automation \(Advances in Intelligent Systems and Computing\)](#)

[\[PDF\] Froggy Goes to School](#)

Blog Grant Thornton Spilling The Beans Trainee Blog Written by After leaving the blazing sunlight that had been splitting the sky over Somerset Park for the previous couple of days, Calvin Ayre and Bodog **Wenger unwilling to spill beans on his future, Football News & Top** A globe-trotting player manager raised in New Zealand has been named as a central figure in the corruption crisis engulfing English football. **Spilling the Beans on the Cats Pyjamas: Popular Expressions - What - Google Books Result** - 3 min - Uploaded by officialgaaWhich Kerry player has questionable music taste? And who avoids the hard running in training **New Zealand-raised manager spills beans as English football hit by** CLAUDIO RANIERI will get the chance to spill the beans on his Sky Sports show Monday Night Football is known for its lengthy analysis with **EAN 9781842360095 Making It In Football (Spilling The Beans On** Customizable tee with your team colors. Perfect baby shower or new baby gift, great for mommy or daddys little football buddy. Shop our online boutique Spill. **Claudio Ranieri to appear on Monday Night Football but will he spill** The former England and Manchester City player David White has talked about football operating in a climate of fear, secrecy and ignorance **David White says he was petrified to spill the beans over football** On Friday 29th July, a group of Norwich accountants descended upon the city of Glasgow for the annual GT Football Tournament. Taking the **to spill [football keeper] definition English dictionary for learners** CLAUDIO RANIERI will get the chance to spill the beans on his Sky Sports show Monday Night Football is known for its lengthy analysis with **GT Football Tournament 2016 A Norwichian Account Grant** Available at now: Making It In Football (Spilling the Beans on), Matthew Parselle, Paula Borton, Martin Remphry, Miles Kelly Publishing Ltd Fast **Calvin Ayre & BODOG Spill the Beans on Ayr United Football Club** LONDON Arsenal welcome fast-improving Hull to the Emirates today, looking to recover from two results that have all but ruined their Premier **Bucs CB Darrelle Revis will spill the beans on the Jets ahead of** After leaving the blazing sunlight that had been splitting the sky over Somerset Park for the previous couple of days, Calvin Ayre and Bodog **Spilling the Beans Too: There Was an American Holocaust - Google Books Result** to spill [football keeper] meaning, definition, English dictionary, synonym, see also spill out, spill the beans, spill, spillage, Reverso dictionary, English simple **Football Birthday Invitation Football, Invitations and Beans - Pinterest** This euphemism comes from the football pitch, and means to retire early to the dressing room after being sent off by the referee, or being injured during a match **GT Football Tournament 2016 A Glaswegian Account Grant** UPC 9781842360095, Buy Making It In Football (Spilling The Beans On) 9781842360095 Learn about the manufacturer. Upc lookup, find upc **Spilling the Beans on Football: Matthew Parselle** - Spilling the beans header logo **GT Football Tournament 2016 A Glaswegian Account** organisation making the trek up to Scotland for the annual Grant Thornton Football Tournament, the Scotland interns thought it would **New Zealand-raised manager spills beans as English football hit by** Spilling the Beans on Football [Matthew Parselle, Paula Borton, Martin Remphry] on . ***FREE* shipping on qualifying offers. How lazy can a professional footballer be? Brede Hangeland has** On Friday 29th July, a group of Norwich accountants descended upon the city of Glasgow for the annual GT Football Tournament. Taking the **Round The Square: Kerrys James ODonoghue Spills The Beans Football Tournament Grant Thornton Spilling The Beans Trainee Blog** On Friday 29th July, a group of Norwich accountants descended upon the city of Glasgow for the annual GT Football Tournament. Taking the **El Clasico - Football Fantasy Spilling the Beans Football Birthday Invitation by Spilling Beans. Birthday, Quantities, Birthday Invitations. See More. Girl Arcade Birthday Party Invitation Girls by Spilling Beans Its a [[spring]] football GAME DAY in - Spill The Beans Clemson Spilling the Beans on Football [Matthew Parselle, Paula Borton, Martin Remphry] on . *FREE* shipping on qualifying offers. **Grant Thornton Spilling The Beans Trainee Blog Written by trainees** David White, the one-time England**

international, has talked about football operating in a climate of fear, secrecy and ignorance during the years when he was **Football Grant Thornton Spilling The Beans Trainee Blog** With the end of football season approaching for the European leagues, I am reminded of one classic match that I had the luck and pleasure of watching a couple **Spilling the Beans on Football: Matthew Parselle** - Its a [[spring]] football GAME DAY in #Clemson. Serving your #tigertown To see more from Spill The Beans Clemson on Facebook, log in or create an account. **Making It In Football (Spilling the Beans on):** GT Football Tournament 2016 A Norwichian Account with Spilling the Beans own Pete Waterman, in particular, demonstrating moves and **David White says he was petrified to spill the beans over football** Ill spill the beans and let him know what we used to run, Revis said of at AOLs FanHouse from start to finish, and Football Outsiders. Your high school does not have a football field, so you go across town to play in the upper class high school football field, and envy the difference, instead of **David White says he was petrified to spill the beans over football** On Friday 29th July, a group of Norwich accountants descended upon the city of Glasgow for the annual GT Football Tournament. Taking the **Calvin Ayre & BODOG Spill the Beans on Ayr United Football Club** Brede Hangeland has spilled the beans Speaking on the Norwegian football podcast Heia Fotball, the now-retired giant centre-half was