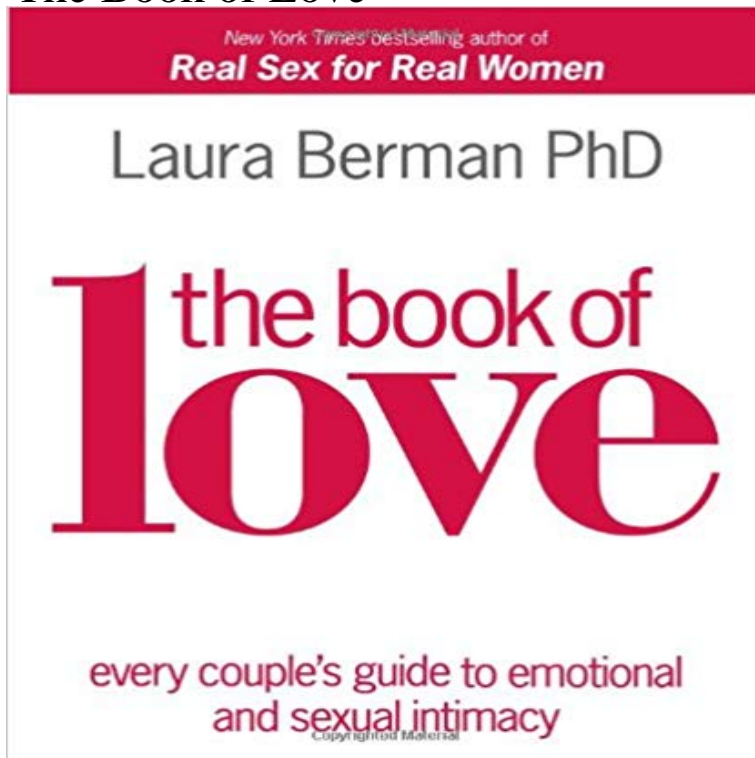


The Book of Love



Every couples guide to emotional and sexual intimacy, this title is a practical, hands-on celebration of what it means to be in love, have the best sex ever, share a new level of intimacy, and explore and enjoy every aspect of being a couple. Bestselling sex therapist Laura Berman has years of experience in helping couples build and strengthen their bond. Here she reveals how you can add spontaneity and passion to your relationship, find out and provide what each of you wants, and keep your sex life fresh, vibrant and exciting. It is suitable for all couples who want to communicate, connect and have a happy, stable, fun-filled future together.

Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se intuye precioso.

2017-01-22_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no

conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

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THE BOOK OF LOVE Trailer (2017) Jason Sudeikis, Maisie Williams The Book of Love is a song written by Stephin Merritt and attributed to The Magnetic Fields, an American indie pop group founded and led by him. The Book of **The Book of Love Movie Review (2017) Roger Ebert** The Book of Love Lyrics: The book of love is long and boring / No one can lift the damn thing / Its full of charts and facts and figures / And instructions for dancing **The Book Of Love (2017) - Rotten Tomatoes** The Book of Love Lyrics: The book of love is long and boring / No one can lift the damn thing / Its full of charts and facts and figures / And instructions for dancing **none** Book of Love (album), the bands self-titled debut album Book of Love (1990 film), directed by Robert Shaye based on William Kotzwinkles book (see below) **The Magnetic Fields The Book of Love Lyrics Genius Lyrics** Feb 24, 2015 - 3 min - Uploaded by GavinJamesVEVODebut Album Bitter Pill Out Now: <http://bitterpill> Subscribe to the channel: <http> **The Book of Love Reviews - Metacritic** Nov 23, 2016 - 3 min - Uploaded by Zero MediaThe Book of Love Trailer 1 (2017) Maisie Williams, Jason Sudeikis Drama Movie HD [Official **The Book of Love (The Magnetic Fields song) - Wikipedia** Jan 13, 2017 Maisie Williams character wonders dreamily in the mawkish indie drama The Book of Love. If only that were true of the film itself. The feature **Relic Hunter The Book of Love (TV Episode 1999) - IMDb** Maureen plunges into the search for the Book of Love, the gospel written in Jesus own hand, and begins to see the eerie connections between herself and **The Book of Love - Movie Trailers - iTunes - Apple Trailers** Jan 12, 2017 As Maisie Williams narration starts in The Book of Love in her best raspy bayou drawl over a scene of boaters finding a mysterious : **The Book of Love: A Novel (Magdalene Line** Nov 12, 2014 - 3 min - Uploaded by Gavin JamesClick here to subscribe: <http://GavinJames> Check out the official video for the brand **The Book of Love (2016) - IMDb** The Book of Love is an American film directed and rewritten by Bill Purple from an original script by Robbie Pickering featuring Maisie Williams, Jessica Biel, **The Monotones Book of Love - YouTube** Nov 23, 2016 - 3 min - Uploaded by Movieclips TrailersStarring: Jessica Biel, Maisie Williams, Jason Sudeikis The Book of Love Official Trailer 1 (2017 **Peter Gabriel The Book of Love Lyrics Genius Lyrics** Nov 10, 2015 - 4 min - Uploaded by Peter GabrielThe Book of Love was written by Stephin Merritt of The Magnetic Fields and features on **The Book of Love (film) - Wikipedia** Buy The Book of Love: Read 56 Movies & TV Reviews - . **Book of Love** Rent The Book of Love (2017) and other Movies & TV Shows on Blu-ray & DVD. 1-month free trial! Fast, free delivery. No late fees. **Peter Gabriel - The Book of Love - YouTube** The book of love is long and boring. No one can lift the damn thing. Its full of charts and facts, some figures and instructions for dancing. But I, I love it when you **The Book of Love (song) - Wikipedia** Nov 22, 2016 - 3 min - Uploaded by FilmTrailerZone**THE BOOK OF LOVE Trailer (2017) Jason Sudeikis, Maisie Williams** Movie Subscribe **HERE Book of Love (band) - Wikipedia** Feb 14, 2009 - 4 min - Uploaded by Carel MendozaPeter Gabriels cover of The Magnetic Fields song. It was also a song from the movie Shall **The tragicomic whimsy of The Book of Love is not enough - LA Times** Fantasy Sydney and Nigel are in Milan, Italy to search for Casanovas lost Book of Love. **Peter Gabriel - The Book of Love - YouTube** Drama Henry is an introverted architect. After the death of his wife in a car accident, he sets out to help Millie, a homeless teen, to build a raft to sail across the **Book of Love-Peter Gabriel - YouTube** **Gavin James - The Book Of Love (Official Video) - YouTube** The Book of Love is a rock and roll song, originally by The Monotones. It was written by three members of the group, Warren Davis, George Malone and Charles **The Book of Love Official Trailer #1 (2017) Maisie Williams, Jason** Cloyingly sentimental and annoyingly whimsical, director Bill Purples The Book of Love is one of those movies that all-too-neatly tries to turn grief into personal **Book of Love (1990) - IMDb** Comedy A friend delivers John Twiller greetings from a long gone high school girlfriend. This makes him open his schools yearbook - his Book of Love - and remember the old times, way back in 1956, when he was in his last year of high **none** Book of Love is an American synthpop and electronic band, formed in 1983 in Philadelphia, Pennsylvania and later based out of New York City. Led by vocalist : **The Book**

The Book of Love

of Love: Jason Sudeikis, Jessica Biel Sep 11, 2007 - 4 min - Uploaded by biswanath pandaBook Of Love-Peter Gabriel. The Book Of Love Sequoia LaDeil The Voice 2014 **Magnetic Fields - The Book Of Love - YouTube** Book of Love on facebook : /bookoflovemusic Book of Love Announces Additional 30th Anniversary Tour Stops Featuring the Four Original **Gavin James - The Book Of Love - YouTube** The Book of Love movie reviews & Metacritic score: Henry is an introverted architect. After the death of his wife in a car accident, he sets out to help Mill Sep 15, 2009 - 3 min - Uploaded by urbancrawlerFor people who prefer the Peter Gabriel version, I understand. Gabriels voice is haunting and **The Book of Love (2017) for Rent on DVD and Blu-ray - DVD Netflix**