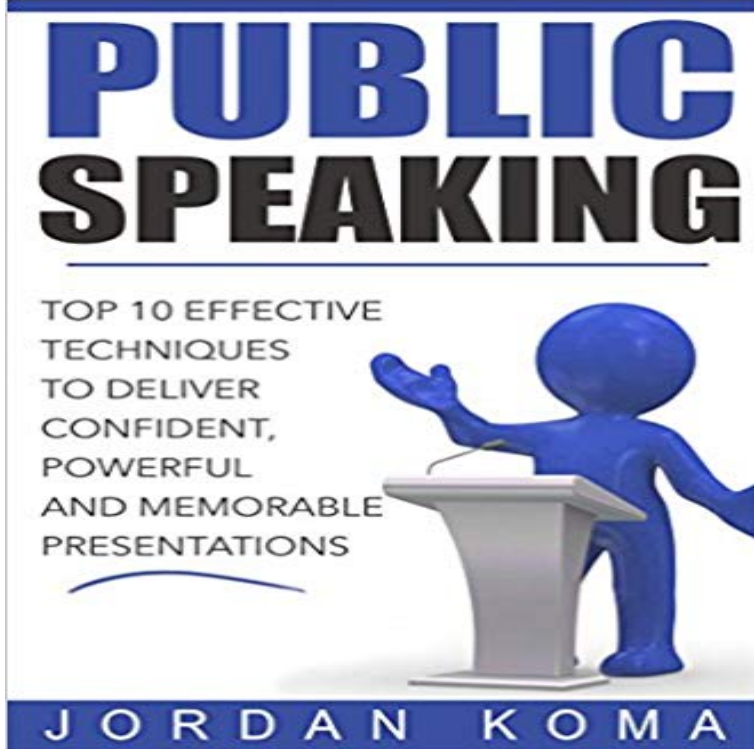


Public Speaking: Effective Techniques to Deliver Confident, Powerful Presentation + BONUS BOOK! (Public Speaking, Presentations, Speaking, Fear, Overcome, Techniques, Speeches)



This book contains proven steps and strategies on how to overcome your fear of speaking in public and make an impressive presentation. It will help you become more confident in speaking in front of large crowds whenever needed. More importantly, it will help you get your message across to your audience in a direct and clear way. After reading this book, your fear of speaking in public will not be as much of a challenge as it is now. You have probably heard of the famous mantra face your fears and you know firsthand that it is easier said than done, especially with a bunch of people before you. That is normal and understandable. But you don't have to just accept that. You have to do something about it and reading this book is a good start. It shows that you are willing to learn and overcome your fear. In this book you will learn how to:

1. Master Your Topic And Know Your Audience
2. Create An Outline
3. Make Your Audience Relate To What You Are Saying And Use Examples
4. Use Visuals To Highlight Your Point But Never Hide Behind Your PowerPoint Presentation
5. Do Not Speak Too Slow Or Too Fast/ Speak Clearly
6. Go Straight to The Point, Even If Its Going to Make the Presentation Short
7. Limit Main Points
8. 3 Vs (Visual, Vocal, Verbal)
9. Mind Your Body Language
10. Conclude With Impact

BONUS BOOK: Passive Income - Ultimate Guide to Make Money Online and Achieve Financial Freedom

Download this book today to find out the Top 10 Effective Techniques to Deliver Confident, Powerful and Memorable Presentation!

TAGLINE: Public Speaking, Presentations, Speaking, Fear, Overcome, Techniques, Speeches

Agradable ruta realizada junto al Bilbao Alpino que parte desde la localidad alavesa de Guinea, en la vertiente Sur de la sierra de Arkamo y que discurre por las cimas de Olvedo, Pelistornes y Cantoblanco.

Desde Guinea el camino es muy evidente, ya que las dos primeras cimas están muy cerca y separadas por un pequeño collado. Su subida es corta y casi directa y está señalizada justo a la salida del pueblo.

Al Olvedo se llega relativamente rápido. A pesar de que las nubes a veces nos impiden apreciar las vistas, el paisaje se

intuye precioso.

2017-01-22_10-36-17

Para pasar del Olvedo al Pelistornes tan sólo tenemos que cruzar el collado y llegaremos en apenas 10 minutos a nuestra segunda cima del día.

2017-01-22_10-53-02

Una vez coronadas las cimas anteriores hay que continuar la travesía en dirección a la al Cantoblanco, que se asciende tras un durillo cortafuegos.

20170122_123405

Desde la cima tenemos justo en frente el Montemayor, máxima altura de la vecina sierra de Arkamo.2017-01-22_13-00-09

Finalmente, iniciamos el descenso hacia la curiosa localidad de Salinas de Añana...

20170122_142807

...donde podremos completar la ruta con una visita a las propias Salinas.

20170122_142812

Una ruta de unos 15 kilómetros sin dificultades reseñables. Únicamente se hace necesaria logística de vehículos. De no tener esta facilidad entonces es mejor realizar únicamente la subida al Olvedo y Pelistornes.

Tu voto:

Publicado en Araba, Rutas fáciles | Deja un comentario

Los Retos de 2017

Publicado el 01/24/2017 por 12meses12montes

Bueno, un nuevo año que ha pasado y uno nuevo que acaba de comenzar. 2016 fue un año muy intenso, si bien los retos que nos marcamos en un principio sólo se vieron cumplidos en una tercera parte. No fue un buen año para ellos, ésta vez la alineación de planetas se generó en pocas ocasiones.

Sin embargo, no decaemos. Cogemos el testigo y no vamos a desistir en su intento, por lo que los retos que no conseguimos cumplir en 2016 serán los que tratemos de realizar en 2017, más algunos otros, a ver qué os parecen. Seguir leyendo

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